

KIWANIS CLUB  
OF ANN ARBOR

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# Kiwanis of Ann Arbor

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## Today's Program.....

**Bob Gray** introduced Dr. Kim Eagle, UM School of Public Health, who presented some sobering facts about childhood obesity. Dr. Eagle first contributed a happy dollar recalling his service as President of the Bozeman, Montana Key Club a few years back. Dr. Eagle reminded us of the cardio-vascular risk factors including hypertension, smoking, high cholesterol and obesity. All of these risk factors are controlled, in part, by diet and exercise. Particularly troubling are the recent surveys of childhood obesity. There has been a 35% increase in obesity among ages 2-5 in the last ten years! Dr. Eagle says there is a toxic environment of salt, fat, and sugar along with lack of exercise that has developed in the US over the last 60 years so that most of us who are genetically predisposed to obesity are achieving that state.



**Dr. Kim Eagle**

He described Project Healthy Schools (PHS), which targets 6th graders (age 12), with the goals of more fruit, more exercise, less salt, less sugar, less fat and less mindless time in front of TVs and computers. This program has shown a positive impact on the several measures of cardio-vascular risk factors. Ongoing support of PHS is provided by AstraZeneca Health Care Foundation, Blue Cross Blue Shield of Michigan, The D. Dan and Betty Kahn Foundation, Memorial Healthcare Foundation, Thompson Foundation, and the University of Michigan Health system along with many other corporations, foundations, and individual donors. Dr. Eagle's presentation triggered many questions from those present.

In summary, Dr. Eagle stated that there is no denying that the diet and exercise toxic environment touches many of us but he is interested in the help provided to 35,000 middle school students in 83 schools so far along with 13,000 students in 28 middle schools in 2013-2014, one kid at a time. Bravo, Dr. Eagle.

## Next Weeks Program.....

August 19<sup>th</sup> – Tracy Artley, UM Waste Reduction/Recycling, Introduced by **Fred Sanchez**

President:  
Mark Wishka

Vice-President:  
John Dahl

Treasurer:  
Cliff Sheldon

Secretary:  
Jeanette Okuley  
Bob Gray

Immed. Past Pres.  
Fred Sanchez

Board Members:

Gordon Beeman  
Jim Blomquist  
Alan Burg  
Alan Caldwell  
Phil Chen  
Tom Dew  
Elena Ermak  
John Goff  
John Kidle  
Sheridan Springer



This is what we call HOME.....now in our 92nd year.

*“The Thrift Sale  
is the driving  
force of our  
Success”*



We have evolved....these are our heroes.

## ASSIGNMENTS for the COMING WEEK:

<b>Announcer  </b>	<b>Lynne Lande</b>
<b>Officer of Day  </b>	<b>Clar Dukes</b>
<b>Dockers  </b>	(HELP!! – We need folks to volunteer as Dockers)
<b>Warehouse  </b>	<b>Bob Gray, Sheridan Springer, George Gilligan, Bryce Babcock</b>
<b>Sorters  </b>	<b>Alan Burg, Ken Hillenburg</b>
<b>Hardware  </b>	<b>Steve Pezda, Jerry Brown, Dan Dever</b>
<b>Furniture  </b>	<b>Kathy Barden-Perlberg, Todd Jones, Mel Williams</b>
<b>Shoes &amp; Sports  </b>	<b>Rip Kinney, Jim Meretta</b>
<b>Men’s Clothing  </b>	<b>Don Clewell, Dick Smit</b>
<b>Electronics  </b>	<b>Bill Robb and Associates</b>
<b>Lamps  </b>	<b>Dennis Powers, Rob Schultz</b>
<b>Antiques  </b>	<b>Rose Marie Barhydt, guest</b>
<b>Beds &amp; Toys  </b>	<b>Lee Bachman, Steve Hiller</b>
<b>Office &amp; Medical  </b>	<b>Jim Mattson and able assistants</b>
<b>Vouchers  </b>	(Vouchers are done until the fall)
<b>Invocation  </b>	<b>Jane Talcott</b>
<b>Greeters  </b>	<b>Gordon Beeman, Betsy Ford, Bob Greene, Kathleen Stroud</b>
<b>Hospitality  </b>	<b>Dave Hughes, 734-665-2674, hughesda@comcast.net</b>
<b>Cashier  </b>	<b>Martha Petroski</b>

## **Guests at our Club.....**

Sara King guest of **Fred King** and Mike Erwin guest of **Dave Fox** visited today. Welcome and come back soon.

## **Announcements.....**

**Jeanette Okuley** is collecting annual club dues, add on contributions are welcome.

In follow up to last week’s program Missy Orge from Food Gatherers, invites us to attend their Community Kitchen Job Training Program graduation on Wednesday, August 14<sup>th</sup> from 4-5 pm at the Performance Network Theatre, 120 East Huron St, AA. RSVP to Taylor at 734-761-2796 or [taylor@foodgatherers.org](mailto:taylor@foodgatherers.org)

**Molly Kelly** told us about the Dawn Farms celebration on September 8<sup>th</sup> from 12-6, this is an auction, fundraiser.

The Nominating Committee will meet after the August 19<sup>th</sup> club meeting.

DINNER AND A PLAY! **Martha Petroski** announced the next Kiwanis Night at the Purple Rose Theater in Chelsea. Friday, 9/20/2013. Play tickets are \$23 each with pre-show dining for up to 30 folks at the Common Grill. See **Martha** for tickets.

**Bob Gray** reported the Memorial Service for **Don Kenney** was well done and well attended with approximately a hundred attending. A motion was made from the floor at the ceremony that the funds collected for Happy Dollars at the service be contributed to the local Parkinson Association; \$283 were collected for the Parkinson Association.

**Interclubs:** Details on the September Super-Interclub next week.

## Fines and Happy Dollars.....

### Fines:

**Jerry Brown** proposed a fine who all who had not or might not attend an interclub in August. Passed.

### Happy Dollars:

**Don Kern** from the higher peninsula helped us define "true north". **Sandy Elden** thanked **Harry Cross** and **Bob Johnson** for the tomatoes. **Jim Wight's** son is feeling the need for speed, training in the new F35 jet fighter plane. **Al Gallup** is proud of his wife, Karen's, first place among 100 artists in a National Art Show. **Fred King** was pleased that his wife, Sara, was here to help him study the booklet he got entitled "The Art of Kissing". **Sherry Springer** is looking for a sub at the warehouse on August 17<sup>th</sup>. **Joe Medrano** was pleased to take the UM Stadium Tour and see the new reptile zoo on Jackson Road. **Jim Kane** and **Bill Robb** acknowledged Don Kenney's memorial service last Sunday. **Harry Cross** agreed and was especially pleased to hear **Bill Robb's** daughter, Karen, sing at Don's service. **Cliff Sheldon** is a proud grandpa with two granddaughters placing tops in their age group in a recent long distance run. **Bob Gray** just returned from a trip to visit several of our Western US National Parks. **Fred Sanchez** paid a happy dollar to tell a joke about the mother of a soldier from Iraq, with a strong grenade throwing arm, signing up to quarterback for the Bears and live in dangerous Chicago. (Editor Note: What was the punch line **Fred**?)



Known world wide as the place for the "funkiest" gift.

## Hospitality Information.....

**Dave Hughes**, reports that **Bill Lynn** is continuing chemo treatment. **Mike Barrett** is OK after the fall last week but is in PT today. **Bob Snider** is having hip surgery on August 16<sup>th</sup>.

*"Serving the  
Children of the  
World...our  
motto, our  
mission"*

## Stuff you should know.....

### Club Board of Directors Meeting Highlights:

- The Board endorsed the Nominating Committee recommendation of **John Schenk** for an open board position through September 30, 2014.
- The Board has endorsed a Membership Growth & Education Committee proposal to waive the first 12 months of dues for new members starting on 10/1/2013. This is a bylaw change.
- **Both of the above will be put to a membership vote at the August 26<sup>th</sup> club meeting.**
- Club budget: revenue is down but expense control will minimize the deficit by the end of the fiscal year. Foundation budget: sales are about 2% lower than budgeted and costs have been higher than budgeted primarily due to cost of deferred maintenance. However, foundation memorial gifts and investment gains will more than offset the added costs.
- **Gordon Beeman** presented the Personnel Committee recommendation to modify the employee manual reflecting the Sale Manager and Facilities Manager roles. Approved.
- **John Dahl** provided highlights of the June 25-29, 2013 Kiwanis International Convention that he and wife **Claire** attended as club delegates.



Forerunner of the Thrift Sale....the vision continues.



# August 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Sale + Warehouse
4	5 Meeting	6 Board Meeting	7	8	9	10 Sale + Warehouse
11	12 Meeting	13	14	15 District Convention	16	17 Sale + Warehouse
18	19 Meeting	20	21	22	23	24 Sale + Warehouse
25	26 Meeting	27	28	29	30	31 Sale + Warehouse



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# September 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 HOLIDAY	3 Regular Meeting Board Meet-	4	5	6	7 Sale + Warehouse
8	9 Meeting	10	11	12	13	14 Sale + Warehouse
15	16 Meeting	17	18	19	20	21 Sale + Warehouse
22	23 Meeting	24	25	26	27	28 Sale + Warehouse
29	30 Meeting					

“Serving the Children of the World...our motto, our mission”



Forerunner of the Thrift Sale....the vision continues.

## Other News...

**Attendance Today: 69**  
**Fines Collected: \$19.43**  
**Happy \$ Collected: \$18.00**  
**KAC Thrift Sale: \$7,012**  
**Warehouse Thrift Sale: \$1,200**

### Speakers for the following four weeks are:

August 26<sup>th</sup> – Cheryl Elliott, President, Ann Arbor Area Community Foundation, “Cultural & Economic Development in Downtown A2”

September 3<sup>rd</sup> (Tuesday) – Jitty Kim, Robby Griswold, Zingermann’s

September 9<sup>th</sup> – Eli Cooper, A2 Transportation Coordinator

September 16<sup>th</sup> - Lynda Berg, AA Youth Chorale and Soloist

Go to the club website home page and click “[New Calendar Link](#)” for additional program listings.

## Our Sponsored Programs.....Service to Youth



WISD Aktion Club



We need to start one of these!!  
Who has a Middle School child  
or grandchild?



Angell Elementary



Huron High School  
Pioneer High School



University of Michigan

**"Serving the Children of the World"**

**KIWANIS CLUB OF  
ANN ARBOR**

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**We're on the Web  
[www.a2kiwanis.org](http://www.a2kiwanis.org)**

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**"Kiwanis Thrift Sale" is  
on the Web  
[www.kiwanissale.com](http://www.kiwanissale.com)**