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NEXT WEEK'S PROGRAM...

July 15—Street Art: Chalk Edition. Speaker: David Zinn. Introduction by **Deb Jones**.

UPCOMING PROGRAMS...

July 22—State of the City of Ann Arbor. Speaker: Mayor Christopher Taylor. Introduction by **President William Hampton**.

July 29—Legacy Land Conservancy. Speaker: Diana Kern. Introduction by **Evan LeRoy**.



NEXT WEEK'S BIRTHDAYS

July 16—Preston



Kiwaniis®

CLUB OF ANN ARBOR

Volume 10, Issue 39

July 8, 2019

TODAY'S PROGRAM...

Polycystic Kidney Disease



Dale Leslie

Dale Leslie introduced Kim and Mike Ahrens who are Coordinators of the Detroit Chapter of the PKD (Polycystic Kidney Disease) Foundation. Kim and Mike were living and working in the Muskegon area when Kim, who had been experiencing excruciating stomach pain, was diagnosed with PKD, the 4th leading cause of kidney failure. Prior to her diagnosis, Kim had never heard of PKD. At that time Kim was working as CFO and Controller of Booth Newspapers and Mike was an educator. Because of the frequent hospitalizations caused by Kim's disease, they ultimately decided it would make sense to relocate to the Ann Arbor area to



Mike Ahrens

be closer to Kim's treatment team at U of M Hospital. Mike is now the basketball coach at Manchester HS. Through their work with the PKD Foundation, Kim and Mike are educating as many people as possible about PKD and raising funds for medical research and support services for PKD patients and their families.

Symptoms of PKD include kidney stones, blood in urine, frequent urinary tract infections, and pain in the abdomen, back and sides. If one kidney is diseased, the other one likely will also be diseased. There are 3 kinds of PKD: one that is essentially hereditary; one that affects one in 20,000 babies; and one that is "new", which means that no one else in the family has had the disease before. This is the type of PKD that Kim has. At this time there is no cure for PKD and only one approved treatment option. A drug called Tolvaptan was developed by a Japanese pharmaceutical company. It is not appropriate for everyone, but, for those for whom it is prescribed, one side effect is unending thirst.



Kim Ahrens showing the size of a diseased kidney

Kim explained that a normal kidney is about the size of a fist while a polycystic kidney (one that has multiple fluid filled cysts in and on the kidney) can be as large as a football and can weigh up to 30 pounds. If a cyst bursts, it is extremely painful. This massive enlargement of the kidney(s) can crowd out other organs and lead to kidney failure. If kidney failure occurs, the only options are dialysis three times a week or a kidney transplant. Currently there are about 100,000 people awaiting kidney transplants. Only 17,000 people received transplants last year. To increase the number of kidneys available for transplant, Kim and Mike encourage everyone to indicate on their driver's licenses that they wish to be organ donors and to let family members know their wishes.

Although Kim's liver is also polycystic and she has endured many trials and tribulations related to her PKD she is happy to report that her health is stable now so she has the time and energy to spread awareness of PKD. She is grateful that she and Mike are able to be resources for other PKD patients and their

families. Two upcoming fundraising/awareness raising events for the Detroit Chapter are the Walk for PKD on September 21 in Troy and a Bookstore Crawl in Ann Arbor. More information about the disease and available resources can be found at pkdcure.org.



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CLUB OF ANN ARBOR

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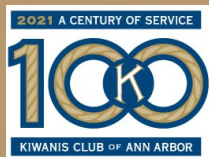
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Do you have news for the newsletter, or are you interested in advertising? Please contact the Publisher.

ASSIGNMENTS FOR THE COMING WEEK...

| | |
|------------------|---|
| All Sale | See the schedule emailed by the Volunteer Coordinator. |
| Vouchers | Vouchers on 7/11: Dee Smit, Eloise Lavin, Bud Roberts, Debbie Rydok, Fred Miller, Jim Carey, Jerry Brown, Carol Pressley, Mark Lavin, Ellen Webb. |
| Invocation | Lynne Lande |
| Meeting Greeters | Sue Dailey, Mary Stewart, Al Gallup (A) |
| Hospitality | Claire Dahl |
| Newsletter | Sandy Rabidoux |
| Cashier | Sharon Keyes |

GUESTS AT OUR CLUB...

Joti Gupta, guest of Deb Jones; Ron Hagen, President of Kiwanis of Michigan Foundation, guest of Larry French; Mammadou, guest of Harry Hawkins; Arno Buhrer, guest of Pat Buhrer; and David Pollack, guest of Nick Dever. David is becoming a master primary sorter!

HOSPITALITY...

Claire Dahl reports that Cliff Sheldon is here today. Everyone wishes him well and a speedy recovery from heart surgery on July 11. Jack Novodoff, former President of Ann Arbor Western Kiwanis, is in hospice. Nick Dever's son Brian is facing a long, slow recovery from serious leg and foot injuries sustained in a recent ultra-light accident. Our thoughts are with Cliff, Jack, Brian, and their families.

ANNOUNCEMENTS...

❖ Max Ziegler presented Claire Dahl with a Rosie the Riveter placard that was donated to the Thrift Sale. The Rosie Shrine in Claire's basement continues to expand!



- ❖ Martha Petroski says there is potential for an Interclub at Chelsea this evening and that she will soon publish a list of all nearby clubs with their meeting days and times.
- ❖ Volunteers, staff and members who were moving and sorting merchandise this morning celebrated Glenda and Ralph Maten's 80th birthdays with cake and ice cream.



Happy Birthday and Many Happy Returns!!

FINES...

Claire Dahl's proposed fine on all members who have not been on the US Women's Soccer Team was met with no opposition!

HAPPY DOLLARS...

- ☺ **Nick Dever** is very happy that his son's ultra-light accident leg and foot injuries, though very serious, weren't worse and that the doctors at U of M Hospital have a long-range plan for putting all his bones back together.



- ☺ **Bryce Babcock** is unhappy that he forgot a cashing date but very happy for a great family event in Reno.



- ☺ **Clarence Dukes** is happy that he was able to attend the recent Naturalization Ceremony for his daughter-in-law at the Federal Courthouse in Detroit. She is from Slovakia.



- ☺ **Kathie Wilder** is happily celebrating the US Women's Soccer Team's huge victory.



- ☺ **Larry French** is happy to be heading out on an extended road trip to Minnesota, Glacier National Park, Seattle, Montana and all points in between.



- ☺ **Jane Talcott** is happy to share a birthday with **Kathy Barden Perlberg** today and sends good wishes to Kathy and all the Bardens. Jane is also happy that 39 Washtenaw Camp Placement kids are at camp this week and thanks everyone who contributed to their camperships and everyone who will contribute to camperships for next year's campers.

**VOUCHER VOLUNTEERS NEEDED...**

Ellen Webb is seeking additional volunteers for the Voucher Program. Here is her message:

I really appreciate the time all of you have given to the voucher program but your help is needed to fill the schedule Aug 15 through September 26. I know how busy everyone is and I am trying to recruit new helpers but still have a lot of openings. Listed below are the dates and how many people are needed each day. Please let me know if you are available any of these days. If I don't get enough people for each day I may have to cancel vouchers on some days or consider being open for vouchers only two or three times a month. I will gladly conduct training sessions for new volunteers. Please help with this most worthwhile program.

Thank you. Ellen

Volunteers are needed: July 25—one person, August 15—three people, August 22—five people, August 29—zero people, September 5—four people, September 12—four people, September 19—five people, September 26—three people.

Kiwanis
Thrift Sale

Known worldwide as the place for the "funkiest" gift.

Check for Special Items on

craigslist

and

eBay

Every Week!

*Since 1921,
proceeds from
Kiwanis Thrift
Sale, gifts from
our members,
and the work of
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benefit our
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Click [here](#) to buy
Kiwanis Club of Ann
Arbor gear like this logo
T-shirt, only \$23.00!

**Our Sponsored Programs
in Service to Youth:**



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WISD Aktion Club

MEETINGS...

None reported.


SOCIAL ACTIVITIES...

Fred Sanchez is counting down the days till the Tiger Trip on August 10. He can still squeeze a few more people into the bus. \$70 per person covers all expenses. Contact Fred to reserve your place. See flyer below for additional details.

UPCOMING EVENTS/PROJECTS**FROM THE CLUB****SECRETARY'S REPORT...**

☞ **Thursday, July 18-21** - District Kiwanis has reserved Art Fair Booth in non-profit Liberty St. area. District is in charge of staffing and member recruiting materials.

☞ **Saturday, July 20** - Club Leadership Education (CLE) at Mocer Learning Center, Beaumont Hospital, Troy for Presidents, Secretaries and Treasurers. There is no makeup session at District Convention. Deadline to register is July 12. **Kathie Wilder** is tentatively planning to attend.

☞ **Tuesday, September 10** -  **American Red Cross Blood Drawing** will be held in our noon meeting lunchroom from noon to 7pm. Goal is 50 pints. KYP will help advertise and promote. Will recruit help from members.

☞ **Kids Against Hunger** would like to partner with us to do a food packaging event this fall.

☞ 43 days until 2019 **Michigan District Convention**, August 22-25, 2019 in Ann Arbor.

Ann Arbor Downtown Kiwanis Club & Guests***Detroit Tigers***

Vs.

**Kansas City Royals**

Saturday, August 10, 2019

\$70

Package Includes:

- Chartered National Trails, Inc. 56 passenger motor coach with reclining seats, rest room & A/C
- Bus will be at AA Pioneer High School Parking Lot at 3:30 P.M. Arrival back between 10:00-11:00 P.M., depending on the length of the game
- 5" Club Sandwich, pop, chips, munchies on the bus
- Driver's Tip
- Reserved Infield Upper Deck Box Ticket, Section 327, rows 6-10, left field
- GREAT SEATS - Behind Home Plate (Same as Last Year)

Reservations: First come-first served-Space is limited

Call: Fred Sanchez 734-277-7077

Email: fsanchez@aol.com

Per Person Per Game-non refundable unless a substitute is found

Make checks payable to Kiwanis Club of Ann Arbor

Mail to: Fred Sanchez, 2645 Gladstone Ave, Ann Arbor, MI 48104

COMMITTEE QUESTIONNAIRE REMINDER...

Remember to return your 2019-2020 Committee Opportunities questionnaire to Administrative Assistant, Mary Schwartz, by July 15. Can't find it? Check your email from the club of June 28, 2019.

July 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|--|--|--|------------------------------|------------------------------|
| | 1 <u>Ypsi Youth Orchestra</u> | 2 | 3 <u>Kiwanis Young Professionals 7pm</u> | 4 KC is closed. No sale prep. <i>Independence Day</i> | 5 Sale & Donations: TKC 9-1 | 6 Sale & Donations: TKC 9-1 |
| 7 | 8 <u>PKD Foundation</u> | 9 | 10 | 11 | 12 Sale & Donations: TKC 9-1 | 13 Sale & Donations: TKC 9-1 |
| 14 | 15 <u>Street Art: Chalk Edition</u> | 16 <u>Board Meeting 6:30pm</u> | 17 | 18 | 19 Sale & Donations: TKC 9-1 | 20 Sale & Donations: TKC 9-1 |
| 21 | 22 <u>State of City of Ann Arbor</u> | 23 | 24 | 25 | 26 Sale & Donations: TKC 9-1 | 27 Sale & Donations: TKC 9-1 |
| 28 | 29 <u>Legacy Land Conservancy</u> | 30 | 31 | | | |



This Week's Numbers

Attendance

56

Fines

\$19.72

Happy \$

\$22

Mott Pot

\$0 Today
\$1,795 YTD

Vouchers

\$0

0 Families
\$66,694 YTD
325 Families
YTD

Thrift Sale

Friday

\$9,554

Saturday

\$8,827

eBay

\$235

TOTAL

\$18,616

\$760,232 YTD
(Unofficial)

August 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|--|--|-----|------------------------------|------------------------------|
| | | | | 1 | 2 Sale & Donations: TKC 9-1 | 3 Sale & Donations: TKC 9-1 |
| 4 | 5 <u>Lost Voices</u> | 6 | 7 <u>Kiwanis Young Professionals 7pm</u> | 8 | 9 Sale & Donations: TKC 9-1 | 10 Sale & Donations: TKC 9-1 |
| 11 | 12 <u>Nature Conservancy</u> | 13 | 14 | 15 | 16 Sale & Donations: TKC 9-1 | 17 Sale & Donations: TKC 9-1 |
| 18 | 19 <u>TBD</u> | 20 <u>Board Meeting 6:30pm</u> | 21 | 22 | 23 Sale & Donations: TKC 9-1 | 24 Sale & Donations: TKC 9-1 |
| 25 | 26 <u>Civic Engagement</u> | 27 | 28 | 29 | 30 Sale & Donations: TKC 9-1 | 31 Sale & Donations: TKC 9-1 |

**KIWANIS CLUB
ANN ARBOR
Meetings:**

Noon on Mondays at
The Kiwanis Center
100 N. Staebler, Suite C
Ann Arbor, MI 48103-9755

www.a2kiwanis.org

Building Phone:
734-368-9738



Sale and Donation Hours

The Kiwanis Thrift Sale
At The Kiwanis Center
100 N. Staebler at Jackson
Fridays and Saturdays
9am-1pm

Saleable Donation Drop
Off:
Fridays and Saturdays
9am-12:30pm

Call for Donation Pickup:
734-665-0450



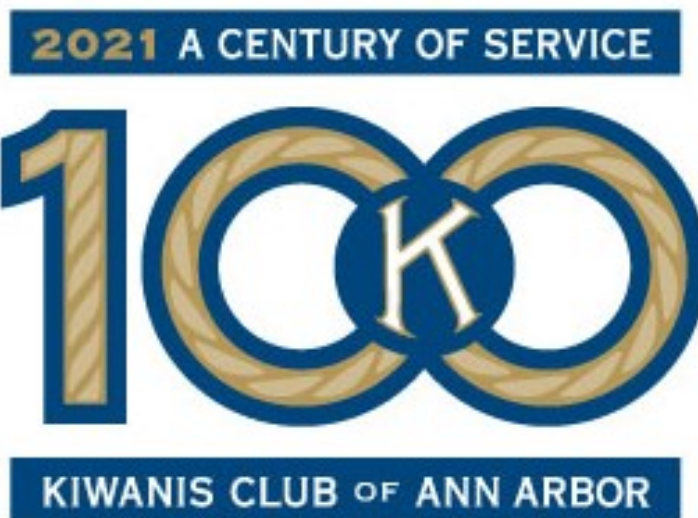
Other Links:

- [Michigan District Kiwanis](#)
Click [here](#) to read the latest *Michigan Builder*.
- [Kiwanis International](#)
- [Kiwanis Young Professionals of Washtenaw County](#) Meets 7pm first Wednesday of Month
- [U of M Circle K](#)
Meets 7pm Thursdays at UM Union or League (Check Calendar on Website)
- [Kiwanis Club of Ypsilanti](#)
Meets Noon Wednesdays at EMU Student Center
- [Ann Arbor Western](#), Meets Noon Tues. at Quarter Bistro

Interested in becoming a member? Please send an e-mail to MembershipGrowth@a2kiwanis.org or visit the website www.a2kiwanis.org.



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